

REVIEWS



by D. Roads & C. Simons

BOOKS

THE GOLDEN SEVEN PLUS ONE

By C. Samuel West, D.N., N.D.

Publ: Samuel Publishing Co

PO Box 1051, Orem, Ut. 84057
USA

Dist: Eden Press (see ad on p.60)

Cost: Hardcover US\$20-

An excellent book dealing with an important subject - the blood proteins. The book is based on and about the discovery that 'trapped' blood proteins produce the conditions that cause pain, loss of energy, viral infections, bacterial infections, allergies, parasites, heart disease.

These 'trapped' blood proteins need to be moved and removed from the spaces around the cells by lymphatic system, so in essence the book explores the lymphatic system and how to use it stay healthy.

For more on this subject, please refer to the item in Science News this issue.

TWO SUNS RISING - A Collection of Sacred Writings

By Jonathan Star

Publ: Bantam Books

Dist: Transworld Publishers

Cost: \$13.95



This is a book of thought provoking and inspirational extracts from the sacred writings of many cultures, and garnered from many continents.

The Bhagavad Gita, the Tao Te

Ching, The Bible, Hebrew Scriptures, as well as translations from Chinese, Persian, and Indian texts.

Verses from ancient seers right up to modern gurus and philosophers.

UNHOLY BABYLON - The Secret History of Saddam's War

By: Adel Darwish and Gregory Alexander

Publ: Victor Gallancz (UK) Ltd

Available: Sydney Esoteric Bookshop - see ad Inside Front Cover

Cost: approx \$12.00

A fascinating look at the conditions and events leading up to and during the Gulf War.

Adel Darwish is an Egyptian born investigative journalist, and a middle-east correspondence for the *Independent*.

Gregory Alexander is the pseudonym of a defence journalist who has worked in the defence industry, and has served as officer in the British Army in the Far and Middle East.

The book is full of little known facts which shows how the west helped establish Saddam's regime and maybe even helped keep it there.

REVIEWS



THE HEALING FOODS - The Ultimate Authority on the Curative Power of Nutrition.

By: Patricia Hausman and Judith Benn Hurley

Publ: Dell Books, USA

Dist: Transworld Publishers Aust

Cost: \$10.95 paperback

A delightfully thick little paperback, chock a block full of information, recipes, diets, nutritional charts, and more.

It is an A-Z compendium of the foods that have the power to actively heal.

Very easy to read and refer to at a later date.

SYMBOLIC LANDSCAPES - The Dreamtime Earth and Avebury's Open Secrets.

By: Paul Devereux

Publ: Gothic Image Publications,
7 High Street, Glastonbury,
Somerset

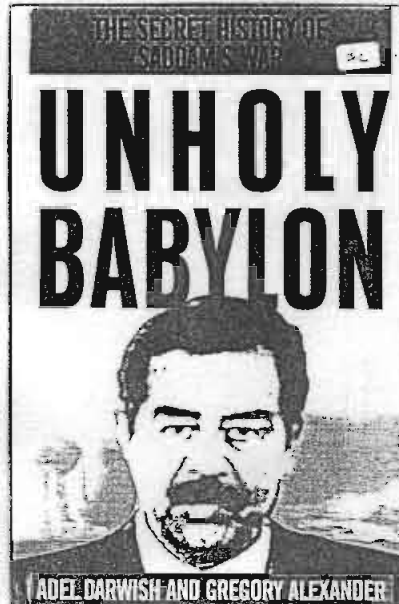
UK BA6 9DP. Tel 0458 831453

Cost: £14.95, or \$26.95

This is the first book to uniquely combine geomantic landscape work with anthropology and consciousness studies. It examines not only the physical landscape of the ancients, but also

the landscape of their minds - with startling results.

Drawing on a wealth of new data and research, as well as in-depth analysis of ancient sacred sites and straight land-



scape lines worldwide, the author shows how in fact the origins of these features in the land are closely related to extended states of consciousness.

Symbolic Landscapes result from an

intermediate state of consciousness necessitating a journey from the physical world to the visionary lands of the mind - and back again. The nature of such an 'interworld' state of consciousness, and how we can experience this in relation to the landscape, is the central concern of this book.

THE WATCHERS - The Secret Design Behind UFO Abduction

By: Raymond E. Fowler

Publ: Bantam Books USA

Available: Sydney Esoteric Bookshop - see ad on inside front cover

Cost: \$20.00 Hardcover

Didn't have time to read this one yet, so this is coming at you from the dust jacket.

"This is certainly one of the most remarkable books ever written about the enigmatic experience that has been variously described as alien abduction or, more simply, the visitor experience."

"In *The Watchers* Ray Fowler offers a truly innovative and startling theory about the possible hidden purpose of the visitors. It is far more compelling, far stranger, and much more subtle than the popular scenario of alien abduction. But it also fits more of the probable

REVIEWS



facts than that of any other scenario. If one grants that the visitors are real and in the end a part of the physical universe, then Ray Fowler may have come very close to discovering what they are doing."

From the Foreword by Whitley Strieber, author of *Communion*.

SECRET LIFE - Firsthand Accounts of UFO Abductions

By: David M. Jacobs, Ph.D.
Publ: Simon & Schuster, New York.
Available: Eden Press (see advert on page 60), or maybe Sydney Esoteric Bookshop.

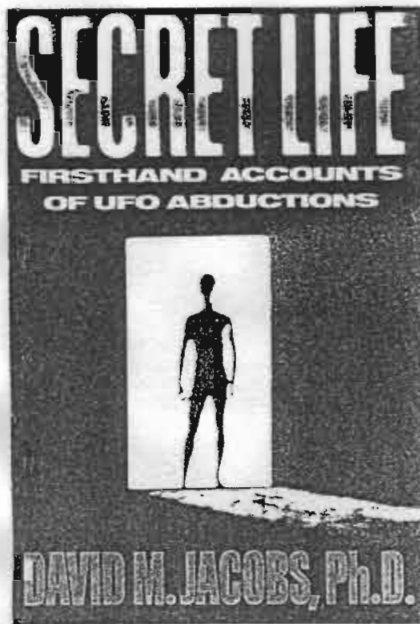
The subject of UFO abductions is not going to go away, I think it will have to be faced and addressed by everyone before this century is out.

This book tends to deal with the subject from a more 'Budd Hopkins' approach, ie it does not draw many conclusions about who is doing the abducting, where they are from, or why. It focuses largely on the experiences of the victims, if victims is the right word to use. It is an experience which certainly leaves many people traumatised as a result.

As with Budd Hopkins' research, the author relies a lot on the use of hypnosis to draw memories to the surface.

It is quite an amazing book, the experiences are amazing and it is an amazing concept to digest.

As there are not many balanced books available on this subject, this book is recommended reading.



If you desire more information on this subject, I would refer you the article in this edition, plus the advert at the end of the article as a source to obtain

Budd Hopkins' lecture tapes. They are definitely worth getting.

THE SPIRIT OF NATURE

By: Michael J. Roads

Cost: \$35.00

Available: See advert on page 49.

This is a video taped lecture of Michael speaking at 100 Mile House, a community in the USA. It was taken during his tour of the US and Europe during the early part of this year.

Getting me to review my own father's video-taped talk is not easy. I get to hear him talk anytime I want to - so being objective is another matter.

It does take him about 20 minutes or so to get into what I call his 'stride'. This is the point at which I stopped wincing at his awkwardness while he groped from some inspiration, but wow, when he hits that inspiration, which he does - words can not describe it.

When he in his stride on a subject - everyone feels inspired and profoundly affected, he does not feel like my father anymore, and you realise the meaning of life. That's it really.

I could say, that the subject material covers the relationship between mankind and nature, or mankind and itself, but that would be a gross understatement.

REVIEWS



CONFESSIONS OF A MEDICAL HERETIC

by Robert S. Mendelsohn, M.D.

Publ: Warner Books, USA

Available: from Nexus Magazine, see advert on inside back cover.

Cost: \$10 from Nexus, incl p&p

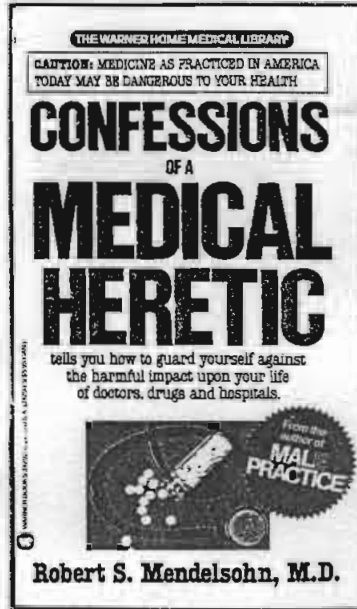
A very interesting book, and a 'must read' for anyone who would like to read an alternative opinion to traditional modern medicine.

What makes this book most readable is it is written by a doctor with 25 years of experience as a practising physician. He says that through the beginning of his practice he very much believed in all that modern medicine stood for at the time. It was only from careful observations, experience, and later a questioning mind that brought him to write this book.

Some of the things his 25 years experience have convinced him about are that annual physical examinations are health risk; that hospitals are dangerous places for the sick; that most operations do little good and many do harm; that medical testing laboratories are scandalously inaccurate; that many drugs cause more problems than they cure; that the x-ray machine is the most pervasive and most dangerous tool in

the doctor's office.

In this book he encourages you on how to begin to make your own decisions regarding your medical treatments.



DISSENT IN MEDICINE - Nine Doctors Speak Out

Publ: Contemporary Books, Inc
Available: From Nexus Magazine, see the advert on the inside back

cover

Cost: \$20- includes postage

This book is a collection of the papers and views of 9 eminent physicians from around the USA, who gathered at a conference to discuss pressing issues with each other, the press and the public.

Topics covered include:

Hospital Births, Corruption in Medicine, Immunisations, Cancer-Treatment, The Inaccuracies of Medical Testing, and lots more.

The physicians involved are:-

Robert S. Mendelsohn, M.D.

George Crile, M.D.

Samuel Epstein, M.D.

Henry Heimlich, M.D.

Alan Scott Levin, M.D.

Edward R. Pinckney, M.D.

David Spodick, M.D.

Richard Moskowitz, M.D.

Gregory White, M.D.

As Dr. David Spodick, Professor of Medicine at the University of Massachusetts says, "Surgery is the sacred cow of our health-care system and surgeons are the sacred cowboys who milk it."

This book, along with all books by Robert Mendelsohn are highly recommended reading material.